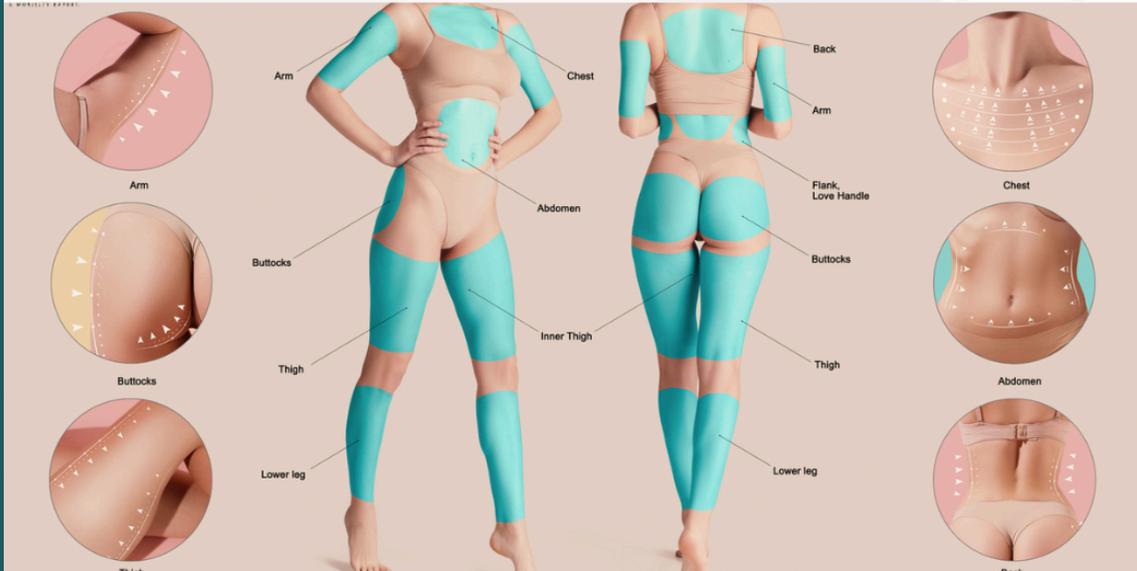


# CERTIFIED PLASTIC SURGERY THERAPIST (CPST).



# PRE/POST-SURGERY LYMPHATIC DRAINAGE

## For Providers:

Offer your patients a trusted, clinically-informed recovery resource.

→ Refer a Patient or Partner



## About Tiffany

Tiffany is a **Vodder-certified Manual Lymphatic Drainage Therapist (CMLDT)** and **Certified Plastic Surgery Therapist (CPST)** specializing in gentle, clinical lymphatic techniques to **reduce swelling, prevent or break up scar tissue, and support the body's natural healing.**

### Support Your Healing Beyond the Surgery

Your session begins with gentle lymphatic drainage to reduce swelling, ease pressure, and support your body's natural healing process.

From there, treatment focuses on the rest of your body—releasing tension, restoring movement, and preventing the compensations that often develop after surgery—so you can recover more comfortably and completely.

### Specialized Pre/ Post-Operative Care For procedures including:

- Facial surgeries (rhinoplasty, facelift, chin/neck lipo)
- Liposuction
- Tummy tucks
- Breast surgeries (including mastectomy support)
- Brazilian Butt Lift (BBL)
- Multi-area body contouring

### What to Expect?

- Care can often begin 48–72 hours post-procedure with surgeon approval
- Gentle, hands-only techniques (no aggressive tools or machines)
- **Due to incision healing**, please bring the cushions you are using for **BBL or body lift support to each visit**
- Strict respect for your surgeon's aftercare instructions
- **I do not** change bandages, remove stitches, perform incisional drainage, diagnose, or prescribe. Your surgeon directs your medical care; I support your lymphatic and soft-tissue recovery.

## ALL-INCLUSIVE PREPAID PACKAGES

- **Everything included**- No add-ons. No Tips.
- **Packages** are valid for 6 months from purchase.
- **Limited** mobile appt available throughout OC

### SUGGESTED NUMBER OF SESSIONS

- Facial or small-area surgery: **4–6**
- Liposuction or tummy tuck: **6–10**
- BBL or multiple areas: **8–10**
- Your final plan is determined after consultation and surgeon clearance.

### FOCUSED, EARLY SWELLING CONTROL

#### 45 MINUTE SESSIONS

- **Facial or small-area surgery: 4–6**
- 5 Session \$675- in office
- 5 Session \$1,125- Mobile

### FULL REGIONAL DRAINAGE AND RECOVERY SUPPORT

#### 60 MINUTE SESSIONS

- **Liposuction or tummy tuck: 6–10**
- **BBL or multiple areas: 8–10**
- 6 Session \$1,080 - in office
- 6 Session \$1,800 - Mobile

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**For Patients:**

Recover with guided lymphatic + full-body support designed to protect your results.

→ [Book Post-Op Care](#)



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